



Product Licence Licence de mise en marché

Product Number/Numéro de produit: 80089039

Brand Name/Marque nominative: Anti Sleep +

Other Brand Name(s)/Autre(s) marque(s) nominative(s):

Active Formula+

Energetic Guard+

Driver Defender+

AntiSlumber+

Issued to/Émise à:

Name of licensee/Nom du titulaire:

Mineral Medix Corp.

100 Leek Cres, Unit 12

Richmond Hill, Ontario, L4B 3E6

Canada

Authorized for the following/Autorisé pour ce qui suit:

Dosage form/Forme posologique: Capsule

Recommended route of administration/Voie d'administration recommandée:

Oral

Recommended dose/Dose recommandée:

Adults : Take one capsule 4 times per day and wait 3-4 hours between taking each capsule.

Recommended duration of use/Durée d'utilisation recommandée:

Consult a health care practitioner for use beyond 1 month.

Recommended use or purpose/Usage ou les fins recommandés:

Used in Herbal Medicine to help improve mental and/or physical performance after periods of mental and/or physical exertion. Helps (temporarily) to promote alertness and wakefulness, and to enhance cognitive performance. Helps (temporarily) to relieve fatigue, to promote endurance, and to enhance motor performance. Used in Herbal Medicine to help maintain a healthy immune system. Helps to support emotional aspects of sexual health. Helps to enhance cognitive function in adults. Helps to enhance memory in adults.

Risk Information/Renseignements sur les risques:

Contra-Indications

Do not use if you are pregnant or breastfeeding. Do not use if you have high blood pressure. Do not use if you are taking health products that affect blood coagulation (e.g. blood thinners, clotting factor replacements, acetylsalicylic acid, ibuprofen, fish oils, vitamin E) as this may increase the risk of spontaneous bleeding. Hypersensitivity/allergy is known to occur, in which case, discontinue use.

Cautions and Warnings

Consult a health care practitioner prior to use if you have any type of acute infection. Consult a health care practitioner if symptoms persist.

Consult a health care practitioner if symptoms worsen. If you suffer from any psychological disorder and/or condition such as frequent anxiety or depression, consult a healthcare practitioner prior to use. If you are taking antidepressants, consult a health care practitioner prior to use. Consult a health care practitioner prior to use if you are taking medications for diabetes, or seizures. Consult a health care practitioner prior to use if you have an auto-immune disorder. Consult a health care practitioner prior to use if you are taking lithium. Consult a health care practitioner prior to use if you have glaucoma, and/or detrusor instability (overactive bladder syndrome). Consumption with natural health products (e.g. bitter orange extract, synephrine, octopamine, ephedra) or other drugs (e.g. ephedrine) which increase blood pressure is not recommended. Consumption with other caffeine-containing products (e.g. medications, coffee, tea, colas, cocoa, guarana, maté) is not recommended. This product is not intended as a substitute for sleep. Consult a health care practitioner if you are of childbearing age. If you have low blood pressure, consult a healthcare practitioner prior to use.

Medicinal Ingredients/Ingrédients médicinaux:



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Proper Name Nom propre	Common Name Nom usuel	Quantity per Dosage Unit Quantité par unité posologique	Extract Extrait	Potency Activité	Source Material Matière d'origine
(3alpha,16alpha)- Eburnamenine-14- carboxylic acid ethyl ester	Vinpocetine	5 mg	N/A	N/A	
1,3,7- Trimethylxanthine	Caffeine	160 mg	N/A	N/A	
Astragalus membranaceus	Astragalus	50 mg	20.0:1.0 1000.0 mg	N/A	Root
Eleutherococcus senticosus	Siberian ginseng	250 mg	N/A	N/A	Root
Ginkgo biloba	Ginkgo biloba	40 mg N/A	50.0:1.0 2000.0 mg N/A	24.0 % Flavonoid glycosides 6.0 % Terpene lactones	Leaf
Lepidium meyenii	Maca	80 mg	10.0:1.0 800.0 mg	N/A	Root

This licence is issued by the Minister of Health under the authority of section 7 of the Natural Health Products Regulations. Sale of the described natural health product, including any changes thereto pursuant to section 11 of the Regulations, is subject to the Food and Drugs Act and to the Natural Health Products Regulations.

Cette licence est émise par la ministre de la Santé en vertu de l'article 7 du Règlement sur les produits de santé naturels.

La vente du produit de santé naturel décrit dans la présente, y compris toute modification afférente au sens de l'article 11 du Règlement, est assujettie à la Loi sur les aliments et drogues et au Règlement sur les produits de santé naturels.

Issued/émis le: 2018-11-05	Revised/Amended/Modifié le: N/A
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**Director General/ Int. Directeur général
NHPD/DPSN**