



## Product Licence Licence de mise en marché

**Product Number/Numéro de produit:** 80087369

**Brand Name/Marque nominative:** Women's Guard+

**Other Brand Name(s)/Autre(s) marque(s) nominative(s):**

Active-W

Women Guard+

Healthy Women+

MenoGuard +

**Issued to/Émise à:**

**Name of licensee/Nom du titulaire:**

Mineral Medix Corp.

100 Leek Cres, Unit 12

Richmond Hill, Ontario, L4B 3E6

Canada

**Authorized for the following/Autorisé pour ce qui suit:**

**Dosage form/Forme posologique:** Capsule

**Recommended route of administration/Voie d'administration recommandée:**

Oral

**Recommended dose/Dose recommandée:**

Adults :

Take one capsule once daily. Take a few hours before or after taking other medications or health care products.

**Recommended duration of use/Durée d'utilisation recommandée:**

For use beyond one year, consult a health care practitioner.

Use for a minimum of 2 weeks to see beneficial effects.

**Recommended use or purpose/Usage ou les fins recommandés:**

(Traditionally) used in Herbal Medicine to help relieve the pain associated with menstruation.

Used in Herbal Medicine to help relieve premenstrual symptoms.

(Used in Herbal Medicine to) help(s) relieve symptoms associated with menopause .

May reduce severe and frequent menopausal symptoms (such as hot flashes and/or night sweats).

Helps in the absorption and use of calcium.

Helps in the absorption and use of phosphorus.

**Risk Information/Renseignements sur les risques:**

### Cautions and Warnings

Consult a health care practitioner if symptoms persist. Consult a health care practitioner if symptoms worsen. If you are taking thyroid hormone replacement therapy, consult a health care practitioner prior to use. If you have a liver disorder or develop liver-related symptoms (e.g. abdominal pain, jaundice, dark urine), consult a health care practitioner prior to use. Ensure you are up-to-date on mammograms and gynaecological evaluations prior to use. Consult a health care practitioner prior to use if you are taking blood thinners. Consult a health care practitioner prior to use if you have a history of hormonal or gynaecological disease, including ovarian cancer. Consult a health care practitioner prior to use if you are taking hormone replacement therapy (HRT), including thyroid hormone replacement therapy.

### Contra-Indications

Do not use if you are pregnant or breastfeeding. Do not use if you currently have or previously had breast cancer and/or breast tumours or if you have a predisposition to breast cancer, as indicated by an abnormal mammogram and/or biopsy, or a family member with breast cancer.

### Known Adverse Reactions

Discontinue use and consult a health care practitioner if you experience breast pain, discomfort and/or tenderness, or if you experience a recurrence of menstruation and/or uterine spotting.

**Medicinal Ingredients/Ingrédients médicinaux:**



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Proper Name Nom propre	Common Name Nom usuel	Quantity per Dosage Unit Quantité par unité posologique	Extract Extrait	Potency Activité	Source Material Matière d'origine
Actaea racemosa	Black cohosh	150 milligrams	N/A	2.5 % Triterpene glycosides	Root and rhizome
Dioscorea villosa	Wild yam	200 milligrams	N/A	20.0 milligrams Diosgenin	Root
Glycine max	Soyabean	100 milligrams	N/A	40.0 milligrams Isoflavones	Seed(s)
Trifolium pratense	Red clover	150 mcg AIE	N/A	12.0 milligrams Isoflavones	Leaf
Vitamin D	Vitamin D3	20 micrograms	N/A	800.0 IU	Cholecalciferol

This licence is issued by the Minister of Health under the authority of section 7 of the Natural Health Products Regulations. Sale of the described natural health product, including any changes thereto pursuant to section 11 of the Regulations, is subject to the Food and Drugs Act and to the Natural Health Products Regulations.

*Cette licence est émise par la ministre de la Santé en vertu de l'article 7 du Règlement sur les produits de santé naturels. La vente du produit de santé naturel décrit dans la présente, y compris toute modification afférente au sens de l'article 11 du Règlement, est assujettie à la Loi sur les aliments et drogues et au Règlement sur les produits de santé naturels.*

Issued/émis le: 2018-07-25	Revised/Amended/Modifié le: N/A
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**Director General/ Int. Directeur général  
NHPD/DPSN**